

V1	V2	V3
Pattern 1		Ends with 'n' sound
bear	bore	borne
begin	began	begun
break	broke	broken
choose	chose	chosen
do	did	done
draw	drew	drawn
drive	drove	driven
fall	fell	fallen
fly	flew	flown
forbid	forbade	forbidden
forget	forgot	forgotten
forgive	forgave	forgiven
freeze	froze	frozen
get	got	gotten/got
give	gave	given
go	went	gone
grow	grew	grown
know	knew	known
lie	lay	lain
ride	rode	ridden
rise	rose	risen
see	saw	seen
shake	shook	shaken
bite	bit	bitten
speak	spoke	spoken
stride	strode	stridden
swear	swore	sworn
take	took	taken
throw	threw	thrown
wake	woke	woken
wear	wore	worn
withdraw	withdrew	Withdrawn
Pattern 2		Ends with 'k/g' sound
drink	drank	drunk
ring	rang	rung
shrink	shrank	shrunk
sing	sang	sung
sink	sank	sunk
sling	slang	slung
spring	sprang	sprung
stink	stank	stunk
string	strung	strung
swing	swung	swung
wring	wrung	wrung
fling	flung	flung
hang	hung	hung
cling	clung	clung
slink	slunk	slunk
stick	stuck	stuck

Verb forms by **Lifestyle Training Centre®**

V1	V2	V3
Pattern 3		all are same
bid	bid	bid
broadcast	broadcast	broadcast
burst	burst	burst
cast	cast	cast
cost	cost	cost
cut	cut	cut
fit	fit	fit
hit	hit	hit
hurt	hurt	hurt
knit	knit	knit
let	let	let
put	put	put
quit	quit	quit
read	read	read
set	set	set
shed	shed	shed
shut	shut	shut
slit	slit	slit
split	split	split
spread	spread	spread
thrust	thrust	thrust
wet	wet	wet
Pattern 4		d and T endings
bend	bent	bent
lend	lent	lent
rend	rent	rent
spend	spent	spent
blend	blent	blent
send	sent	sent
build	built	built
Pattern 5		ends with 't' sound
buy	bought	bought
seek	sought	sought
teach	taught	taught
think	thought	thought
catch	caught	caught
keep	kept	kept
fight	fought	fought
leave	left	left
seek	sought	sought
feel	felt	felt
light	lit	lit
sleep	slept	slept

V1	V2	V3
abide	abode	abode
arise	arose	arisen
awake	awoke	awoken
be	was/were	been
bear	bore	borne
beat	beat	beaten
become	became	become
begin	began	begun
bend	bent	bent
bet	bet	bet
bid	bid	bid
bite	bit	bitten
bleed	bled	bled
blow	blew	blown
break	broke	broken
bring	brought	brought
build	built	built
burn	burned/ burnt	burned/ burnt
burst	burst	burst
buy	bought	bought
can	could	
cast	cast	cast
catch	caught	caught
choose	chose	chosen
come	came	come
cost	cost	cost
creep	crept	crept
cut	cut	cut
deal	dealt	dealt
dig	dug	dug
do	did	done
draw	drew	drawn
dream	dreamed/ dreamt	dreamed/ dreamt
drink	drank	drunk
drive	drove	driven
dwell	dwelt/ dwelled	dwelt/ dwelled
eat	ate	eaten
fall	fell	fallen
feed	fed	fed
feel	felt	felt
fight	fought	fought
find	found	found
fit	fit	fit
flee	fled	fled
fling	flung	flung
fly	flew	flown
forbid	forbade	forbidden
forget	forgot	forgotten
forgive	forgave	forgiven
forsake	forsook	forsaken
freeze	froze	frozen
get	got	Gotten/get
give	gave	given
go	went	gone
grind	ground	ground

V1	V2	V3
grow	grew	grown
hang	hung	hung
have	had	had
hear	heard	heard
hide	hid	hidden
hit	hit	hit
hold	held	held
hurt	hurt	hurt
keep	kept	kept
kneel	knelt	knelt
know	knew	known
lay	laid	laid
lead	led	led
leap	leapt/ leaped	leapt/ leaped
learn	learned/ learnt	learned/ learnt
leave	left	left
lend	lent	lent
let	let	let
lie	lay	lain
light	lit	lit
lose	lost	lost
make	made	made
mean	meant	meant
meet	met	met
pay	paid	paid
put	put	put
read	read	read
ride	rode	ridden
ring	rang	rung
rise	rose	risen
run	ran	run
saw	sawed	sawn
say	said	said
see	saw	seen
seek	sought	sought
sell	sold	sold
send	sent	sent
set	set	set
shake	shook	shaken
shine	shone	shone
shoot	shot	shot
show	showed	shown
shrink	shrank	shrunk
shut	shut	shut
sing	sang	sung
sink	sank	sunk
sit	sat	sat
sleep	slept	slept
slide	slid	slid
sling	slung	slung
speak	spoke	spoken
spend	spent	spent
spill	spilled/ spilt	spilled/ spilt
spin	spun	spun
spit	spat	spat
split	split	split

V1	V2	V3
spread	spread	spread
spring	sprang	sprung
stand	stood	stood
steal	stole	stolen
stick	stuck	stuck
sting	stung	stung
stink	stank	stunk
strive	strove	striven
swear	swore	sworn
sweep	swept	swept
swim	swam	swum
swing	swung	swung
take	took	taken
teach	taught	taught
tear	tore	torn
tell	told	told
think	thought	thought
throw	threw	thrown
thrust	thrust	thrust
tread	trod	trodden
undergo	underwent	undergone
understand	understood	understood
uphold	upheld	upheld
upset	upset	upset
wake	woke	woken
wear	wore	worn
weave	wove	woven
weep	wept	wept
win	won	won
wind	wound	wound
withdraw	withdrew	withdrawn
withhold	withheld	withheld
withstand	withstood	withstood
wring	wrung	wrung
write	wrote	written

Verb forms by
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